

PROTECTING EARLY CHILDHOOD RESILIENCE

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Components of resilience this project can enhance

- ▶ Competence (ability to handle situations effectively)
- ▶ Confidence (belief in one's own abilities)
- ▶ Connection (close ties to family, friends, school, and community)
- ▶ Contribution (understanding of the importance of personal contribution)
- ▶ Control (ability to control the outcomes of their decision)

This Project...

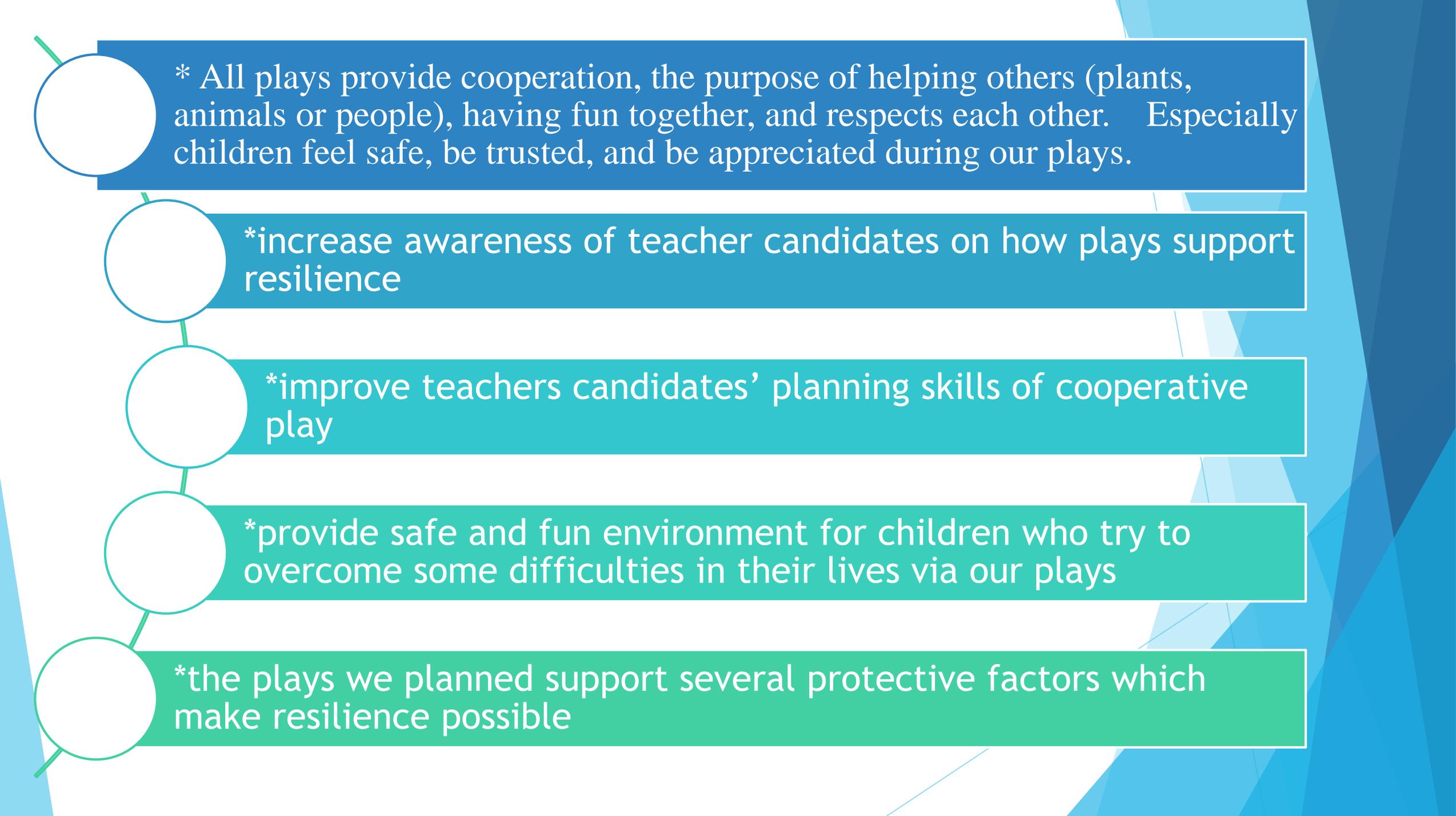
- ▶ Promote the use of locally available/made resources
- ▶ Promote the participation of parents/community in children's activities
- ▶ Promote the preservation of culture and language through activities and resources
- ▶ Promote identity formation and positive identity, positive self-awareness and positive social emotional development in early childhood
- ▶ Promote peace building in communities from the start, such as encouraging positive problem solving in young children, and their future role as peace-building members of families and communities

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- ▶ Resilience can be possible with protective factors.
 - ▶ According to literature,

▶ social-emotional skills,	spending special time with love ones
▶ having a purpose in life,	having responsibilities
▶ having positive relations with family members,	having positive expectations from life
▶ having supportive parents,	being respected
▶ having positive relationships with classmates,	being happy at home,
▶ feeling safe,	being appreciated,

- ▶ Beside the protective factors mentioned above,
- ▶ **well-educated and loving teachers** are also very important protective factor for children's resilience.
- ▶ The most important benefit of our project is that early childhood teachers become aware of resilience and the ways to use plays to support children's resilience.
- ▶ Unfortunately, teacher candidates in Turkey learn very little or nothing about resilience.
- ▶ Their ability to plan cooperative plays are also very limited. This project gives a chance to teacher candidates to learn about resilience and to plan cooperative plays and make materials for children.





* All plays provide cooperation, the purpose of helping others (plants, animals or people), having fun together, and respects each other. Especially children feel safe, be trusted, and be appreciated during our plays.

*increase awareness of teacher candidates on how plays support resilience

*improve teachers candidates' planning skills of cooperative play

*provide safe and fun environment for children who try to overcome some difficulties in their lives via our plays

*the plays we planned support several protective factors which make resilience possible

During our plays

Children have chances to feel safe, appreciated, responsible and happy

Children have a purpose to reach which make the other livings happy

Theme of the plays give children positive dreams for life.

All players have good time during plays

During plays, players need to respect others' decisions and contributions

OUR STRUCTURED PLAYS



1. Rescue people from fire

4 children, 2 in each group (red and blue);

move the cubes on the lines;

open the bag and find some of clothes of fireman; tie right legs and

walk in the line; open another bag and find rest of the clothes for

fireman; dress up firemen; according to the dice (1 or 2) they carry

water to water tanker; after that they carry water to home and rip off

flame and put water drop(s); then rescue the living creatures (plants,

animals, and people) from damaged home and then fix it, and put the

living things in the home back.

Rescue people from fire



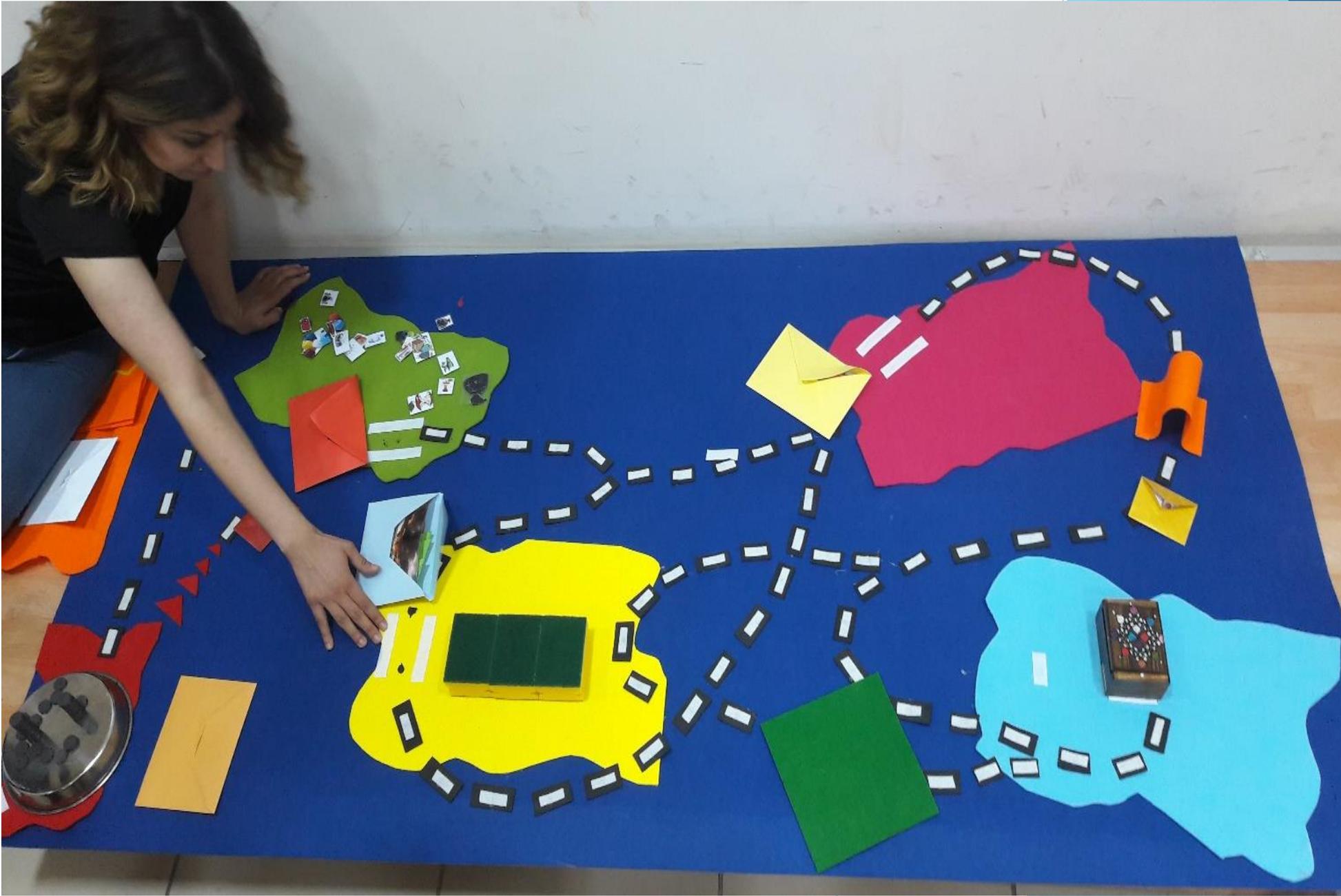
2. Rebuild the city after earthquake

- ▶ 4 children, each choose one color and find that color toy dog to guide them;
- ▶ 2 children in each group,
- ▶ they follow different paths but do the similar jobs; fix the bridge, fix the roads, build the houses, fix other roads, help the trees and give them water, fix the bridges, carry water drops to the fire and put out the fire and have one smiley face to put in this city.

3. Help countries

- ▶ One country is very dry and need water, so they (3 children) carry a bottle of water from their country and pass different countries;
- ▶ during this trip they need to help other countries and fill up their trip notebook;
- ▶ after helping each country, each country give a piece of stuff to children to be able to continue their trip,
- ▶ 1st country needs a sculpture so children use magnets to build a sculpture,
- ▶ 2nd country needs to be cleaned and collect their waste, after they clean that country gives a tunnel for their trip,
- ▶ 3rd country needs trees,
- ▶ 4th country needs a playground for children, after that when they come to the dry country they need to give their notebook showing they helped other countries, and then give the bottle of water and people live in that country become very happy and give candies to players as thank them.

Help countries



4. **Clothes and blankets for poor families**

- ▶ 9 children can play, 2 children in each group,
- ▶ one child use the dice to tell what groups need to do; according to direction on the dice, groups move and on the road they need to complete some duties for example sing a song, make a shape of a square by their bodies. After they complete the road they pick a bag. After all groups are done each finds the family they need to give the clothes and blankets.

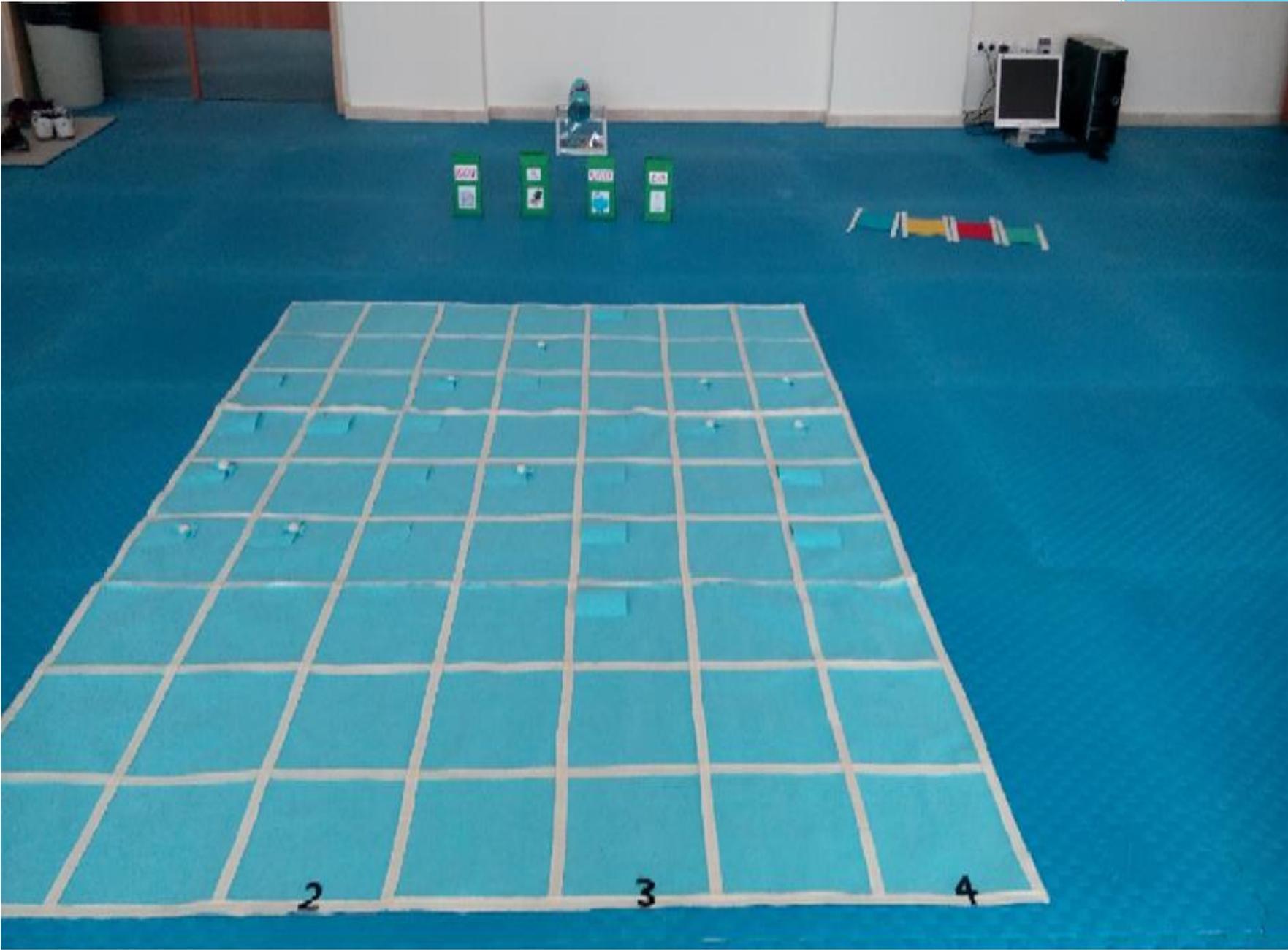
**Clothes and
blankets for
poor families**



5. Clean the sea and help sea animals

- ▶ 4 children can play, 2 ones in each group.
- ▶ Each group select one direction book, one child from each group give direction to another child.
- ▶ On the road sometimes they find waste and they collect them; later group members switch place;
- ▶ they recycle the waste.
- ▶ After clean the sea they need to relocate each sea animal on their place according to the map.

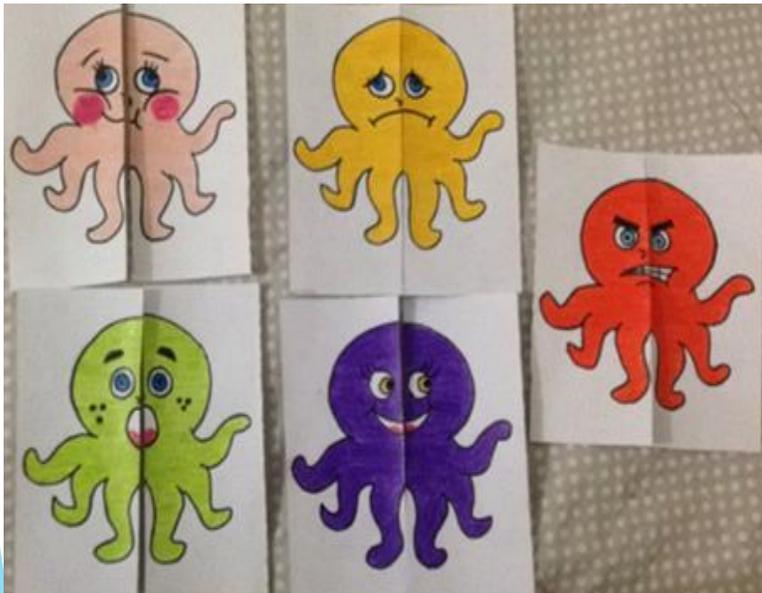
**Clean
the sea
and help
sea
animals**



6. Bring an octopus family together

- ▶ 3 children can play.
- ▶ These players try to help the mother octopus to find her children (sad, happy, angry, surprised and shy one).
- ▶ At the beginning of the play, all players tied from their waist with soft fabric for some time. Each child chose one bag and 2 piece of half octopus. In each stop they need to complete some duties; 1st find half of an octopus, complete happy octopus and find happy face; 2nd complete sad octopus and find sad face; 3rd children carry 2 balls without holding; 4th complete crying and surprised octopuses and crawl together on the road; 5th complete angry octopus and find angry face and bring the baby octopuses to their mother; after that children try to figure out how the mother octopus can feel and complete her face according to this feeling.

Bring an octopus family
together



7. Help children to go to school/home

- ▶ 2 or more children can play. There are 2 parts in the material:
- ▶ one labyrinth to shake and put a ball (or two) in a hole and
- ▶ one play rug there are roads, houses, people and a bus on it.

Children choose one ball from a bag with a sign on it. The sign indicate which hole they put the ball and which direction they follow to collect people. The cards give clues to find which home they need to drive the bus. The labyrinth was made by very light material and to be easy to control.

Help children to
go to
school/home



8. **Help the farmer to fix his farm**

- ▶ 3 children can play and take turns.
- ▶ One child give the direction according to play cards, the other 2 children carry a ball together in different positions.
- ▶ If they carry the ball successfully they earn one piece to fix in the farm. After they fix all the pieces in the farm the play will be over.

**Help the
farmer to fix
his farm**



9. Feed the animals

- ▶ 2 or 4 children can play.
- ▶ There are 8 duties to complete and collect food for animals.
- ▶ There is a game board with colorful circles on it and a pawn for each child. A child's pawn move on the board, children complete the duties together.
- ▶ 1. One child close her/his eyes and finds an animal in a box; 2. Open eyes find a food for a specific animal from a box; 3."who am I " game (one child cannot see the animal ask questions to another player and try to find which animal s/he chose; 4.pairing cards (mothers and baby animals); 5. One child ask some clues to another player and select animal cards and try to find an animal; 6. On the board two players try to move a small ball via hand fan and make a score; 7. Throw 41 sticks on the board and take one without moving another sticks. After complete all duties, the players feed the animals.

Feed the animals



10. Rescue the animals

- ▶ 3 children can play, they take turns.
- ▶ The purpose is build a train to rescue animals.
- ▶ This play includes 2 play rugs, 1 board, train coaches, animals, and cards for directions.
- ▶ One child give directions and two children at the same time do the movements according to directions. If they are successful, they rescue one animal in one train coach. After they rescue all animals, the play is completed.

Rescue the animals



11. Helping old people live in a nursing home

- ▶ 3-4 children can play and take turns sometimes.
- ▶ The purpose is cook food for people living in a nursing home and prepare gifts for them.
- ▶ 1st part one child choose a page from cook book, and describes each food (egg, yogurt, salt etc.) and others find each food and bring together and try to find what can you make with that foods. All cards will go to nursing home;
- ▶ after cook all the foods, one of the person living in the nursing home become happy.
- ▶ 2nd part all children at the same time turn one piece puzzle, and they place parts on a gift tray. After they complete all gifts, the players putt them in the nursing home; so another old person become happy.

Helping old people live in a nursing home



12. Building a playground for poor children

- ▶ 4-6 children can play.
- ▶ The purpose is to complete each duty and build a playground for poor children.
- ▶ 2 children in each group. There are 5 different duty cards; 1-one child tell another child what s/he build via small wooden blocks; 2- one child hug another child and they build the shape together; 3-all children need to do according to the directions on the cards (touch your knees) ; 4-make a shape using rope; 5- one child close her/his eyes and try to build a shape with wooden block according to another child's directions. After complete each duty, they turn one sad face into a happy face and add one piece to the playground.

THANK YOU

